

May 2023



MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

<p>1</p> <p>8:00a Back Fit w/Pilates 9:00a Geri-Fit Fall Prevent 9:00a Table Tennis 10:00a Men's Discussion 10:30a Conver. Spanish 11:00a Caregivers Supp. 12:00p Duplicate Bridge 12:00p Poker 12:30p Sign Lang meetup 1:00p Cribbage/Pinochle 1:00p Beg Mah Jongg 5:00p Aerobic Chair Exer 5:30p Hand&Foot Cards</p>	<p>2</p> <p>8:00a Peer Led Exercise 8:00a Aerobic Chair Exer. 9:00a Video Gentle Yoga 9:30a Intermed. Line Dance 10:00a Hooks & Needles 10:00a Open Paint Studio 11:00a Sign Lang meetup 12:00p Blood Pressure Ck 1:00p Bingo 1:00p Mah Jongg 1:00p Movie 5:30p Open Table Tennis</p>	<p>3</p> <p>8:00a Back Fit w/Pilates 9:00a Video Gentle Yoga 9:00a Intermed. Bridge 9:00a Hand & Foot Cards 10:00a Open Paint Studio 12:00p Poker 1:00p Scrabble 1:30p Euchre 2:00p Open Jam Session 6:00p Bunco</p>	<p>4</p> <p>8:00a Peer Led Exercise 8:00a Aerobic Chair Exer. 9:00a Video Gentle Yoga 9:00a Canasta 9:00a Tech Time w/Mark 9:30a Beg. Line Dance 10:00a Open Paint Studio 10:00a Spanish Club 11:00a Quilts & More 1:00p Golden Age Radio 1:00p Improver Line Dance 1:00p Table Talk-Women 1:00p Hand & Foot Cards 4:00p Poker 5:00p Open Paint Studio 5:00p Movie 5:30p Beg Mah Jongg</p>	<p>5</p> <p>8:00a Back Fit w/Pilates 9:00a Aerobic Chair Exer. 9:00a Intermed. Bridge 9:00a Pinochle 10:30a Golf Cards 1:00p Table Tennis 1:00p Mex. Train Dominoes 1:00p Woodcarvers/Table Top Art 1:00p Chess 1:00p Trad Mah Jongg 2:30p Legal Consultations*</p>
<p>8</p> <p>8:00a Back Fit w/Pilates 9:00a Geri-Fit Fall Prevent 9:00a Table Tennis 10:00a Men's Discussion 10:30a Conver. Spanish 12:00p Duplicate Bridge 12:00p Poker 12:30p Sign Lang meetup 1:00p Cribbage/Pinochle 1:00p Beg Mah Jongg 5:00p Aerobic Chair Exer 5:30p Hand&Foot Cards 6:30p Mystery Book Club</p>	<p>9</p> <p>8:00a Peer Led Exercise 8:00a Aerobic Chair Exer. 9:00a Video Gentle Yoga 9:30a Intermed. Line Dance 10:00a Hooks & Needles 10:00a Open Paint Studio 10:00a Memoir Writers 11:00a Sign Lang meetup 1:00p Bingo 1:00p Mah Jongg 1:00p Movie 5:30p Open Table Tennis</p>	<p>10</p> <p>8:00a Back Fit w/Pilates 9:00a Video Gentle Yoga 9:00a Intermed. Bridge 9:00a Hand & Foot Cards 9:00a Care Cards 10:00a Open Paint Studio 12:00p Poker 1:00p Scrabble 1:30p Euchre 2:00p Open Jam Session</p>	<p>11</p> <p>8:00a Peer Led Exercise 8:00a Aerobic Chair Exer. 9:00a Video Gentle Yoga 9:00a Canasta 9:30a Beg. Line Dance 9:30a Memory Café 10:00a Open Paint Studio 10:00a Spanish Club 1:00p Improver Line Dance 1:00p Table Talk-Women 1:00p Hand & Foot Cards 1:00p Meet FH Library 4:00p Poker 5:00p Open Paint Studio 5:00p Movie 5:30p Beg Mah Jongg</p>	<p>12</p> <p>8:00a Back Fit w/Pilates 9:00a Aerobic Chair Exer. 9:00a Intermed. Bridge 9:00a Pinochle 10:00a Medicare Consult* 10:30a Golf Cards 1:00p Table Tennis 1:00p Mex. Train Dominoes 1:00p Woodcarvers/Table Top Art 1:00p Chess 1:00p Trad Mah Jongg</p>
<p>15</p> <p>8:00a Back Fit w/Pilates 9:00a Geri-Fit Fall Prevent 9:00a Table Tennis 10:00a Men's Discussion 10:30a Conver. Spanish 12:00p Duplicate Bridge 12:00p Poker 12:30p Sign Lang meetup 1:00p Cribbage/Pinochle 1:00p Beg Mah Jongg 5:00p Aerobic Chair Exer 5:30p Hand&Foot Cards</p>	<p>16</p> <p>8:00a Peer Led Exercise 8:00a Aerobic Chair Exer. 9:00a Video Gentle Yoga 9:30a Intermed. Line Dance 10:00a Hooks & Needles 10:00a Open Paint Studio 11:00a Sign Lang meetup 12:00p Blood Pressure Ck 1:00p Bingo 1:00p Mah Jongg 1:00p Movie 1:00p Swing Time Music 5:30p Open Table Tennis</p>	<p>17</p> <p>8:00a Back Fit w/Pilates 9:00a Video Gentle Yoga 9:00a Intermed. Bridge 9:00a Hand & Foot Cards 9:00a Time 4-U 10:00a Open Paint Studio 12:00p Poker 1:00p Scrabble 1:30p Euchre 2:00p Open Jam Session 6:00p Bunco</p>	<p>18</p> <p>8:00a Peer Led Exercise 8:00a Aerobic Chair Exer. 9:00a Video Gentle Yoga 9:00a Canasta 9:30a Beg. Line Dance 10:00a Open Paint Studio 10:00a Spanish Club 1:00p Improver Line Dance 1:00p Table Talk-Women 1:00p Hand & Foot Cards 1:00p Safe In Cyber Space 4:00p Poker 5:00p Open Paint Studio 5:00p Movie 5:30p Beg Mah Jongg</p>	<p>19</p> <p>8:00a Back Fit w/Pilates 9:00a Aerobic Chair Exer. 9:00a Intermed. Bridge 9:00a Pinochle 10:30a Golf Cards 1:00p Table Tennis 1:00p Mex. Train Dominoes 1:00p Woodcarvers/Table Top Art 1:00p Chess 1:00p Trad Mah Jongg</p>
<p>22</p> <p>8:00a Back Fit w/Pilates 9:00a Geri-Fit Fall Prevent 9:00a Table Tennis 10:00a Men's Discussion 10:30a Conver. Spanish 12:00p Duplicate Bridge 12:00p Poker 12:30p Sign Lang meetup 1:00p Cribbage/Pinochle 1:00p Beg Mah Jongg 5:00p Aerobic Chair Exer 5:30p Hand&Foot Cards</p>	<p>23</p> <p>8:00a Peer Led Exercise 8:00a Aerobic Chair Exer. 9:00a Video Gentle Yoga 9:30a Intermed. Line Dance 10:00a Hooks & Needles 10:00a Open Paint Studio 11:00a Sign Lang meetup 1:00p Bingo 1:00p Mah Jongg 1:00p Movie 5:30p Open Table Tennis</p>	<p>24</p> <p>8:00a Back Fit w/Pilates 9:00a Video Gentle Yoga 9:00a Intermed. Bridge 9:00a Hand & Foot Cards 10:00a Open Paint Studio 12:00p Poker 1:00p Scrabble 1:30p Euchre 2:00p Open Jam Session</p>	<p>25</p> <p>8:00a Peer Led Exercise 8:00a Aerobic Chair Exer. 9:00a Video Gentle Yoga 9:00a Canasta 9:30a Beg. Line Dance 10:00a Open Paint Studio 10:00a Spanish Club 1:00p Improver Line Dance 1:00p Table Talk-Women 1:00p Hand & Foot Cards 4:00p Poker 5:00p Open Paint Studio 5:00p Movie 5:30p Beg Mah Jongg</p>	<p>26</p> <p>8:00a Back Fit w/Pilates 9:00a Aerobic Chair Exer. 9:00a Intermed. Bridge 9:00a Pinochle 10:00a Medicare Consult* 10:30a Golf Cards 1:00p Table Tennis 1:00p Mex. Train Dominoes 1:00p Woodcarvers/Table Top Art 1:00p Chess 1:00p Trad Mah Jongg</p>
<p>29</p> <p>Closed for Memorial Day</p> 	<p>30</p> <p>8:00a Peer Led Exercise 8:00a Aerobic Chair Exer. 9:00a Video Gentle Yoga 9:30a Intermed. Line Dance 10:00a Hooks & Needles 10:00a Open Paint Studio 11:00a Sign Lang meetup 1:00p Bingo</p>	<p>31</p> <p>8:00a Back Fit w/Pilates 9:00a Video Gentle Yoga 9:00a Intermed. Bridge 9:00a Hand & Foot Cards 10:00a Open Paint Studio 12:00p Poker 1:00p Scrabble 1:30p Euchre</p>	<p>Community Center 480-816-5200 www.fountainhillsaz.gov</p> 	



1:00p Mah Jongg
1:00p Movie
5:30p Open Table Tennis

2:00p Open Jam Session

