

Town of Fountain Hills Proclamation First Responder Wellness Week

WHEREAS, first responders including law enforcement officers, firefighters, EMS personnel, 911 dispatchers, correctional officers, and members of other organizations in the public safety sector come together to protect and aid our community in the event of an emergency; and

WHEREAS, first responders risk their life and safety every day in the performance of their duties to protect our citizens; and are tasked with handling dangerous and complicated situations; and

WHEREAS, nationwide, law enforcement officers will go through an average of 188 critical incidents throughout the course of their career; and

WHEREAS, first responders often experience stress that has real physical impacts including cardiac issues, diabetes, obesity, and sleep issues; and

WHEREAS, first responders are up to 25.6 times higher risk for developing post-traumatic stress disorder when compared to individuals without such experiences; and

WHEREAS, first responder wellness includes management of issues including, but not limited to sleep, fitness, nutrition, fatigue, anger management, posttraumatic stress and loss; and

WHEREAS, we recognize the integral role first responders play in our communities and the benefits derived from their hard work, commitment, sacrifice, and unhesitating dedication; and

WHEREAS, research shows that fostering a strong wellness culture inside first responder agencies enhances relations within the communities they serve.

NOW, THEREFORE, I, Ginny Dickey, Mayor of the Town of Fountain Hills, Arizona, do hereby proclaim March 26-April 1, 2023, in Fountain Hills as

First Responder Wellness Week

IN WITNESS WHEREOF, I have hereunto set my hand and caused to be affixed the official seal of the Town of Fountain Hills, Maricopa County, Arizona this 23rd day of March 2023.



Ginny Dickey
Ginny Dickey, Mayor

ATTEST:
Linda Mendenhall
Linda Mendenhall, Town Clerk